



**CALIFORNIA SURF LIFESAVING ASSOCIATION
Junior Lifeguard Committee
2004 SPRING FINAL REPORT**

CALIFORNIA STATE GAMES

The California State Games will be hosted by Imperial Beach on July 16, 2004. Contact Hans Fernan, Imperial Beach with additional questions.

REGIONAL COMPETITION

The Junior Lifeguard Regional Competition 2004 will be hosted by Long Beach on July 23, 2004. The Competition packets were distributed at our Committee meeting to those in attendance and the rest will be mailed.

Order

you team Box Lunch, T-Shirts and Sweatshirts early to receive at the event.

There will be three separate venues at the event. Please follow the suggested

Sting Ray Training with your JG's prior to the event.

NATIONAL COMPETITION

The 2004 Junior Lifeguard Nationals will be on August 5, 2004 hosted by Daytona Beach.

2004 POSTER CONTEST

This summer we will conduct another Junior Lifeguard poster contest.

Bring your entries to the Fall CSLSA meeting for judging. (Rules attached.)

2004 JUNIOR LIFEGUARDS OF THE YEAR

Each agency will have the opportunity to nominate a Junior Lifeguard of the year from their agency. Coordinators will bring a one page bio with a picture of their JG to the Fall CSLSA Meeting. Each nominated JG will be

honored by the CSLSA. The total amount spent to honor each agency JG will not exceed \$1500. The honored JG's will be featured in our CSLSA magazine.

JG PROGRAM GUIDELINES

If a private JG program wishes to participate in the CSLSA events they will need to:

1. Request by the Fall meeting for participation the next summer.
2. A letter from the private JG program's parent agency/city and Lifeguard Chief/Captain addressed to the CSLSA Board in support of the JG program.
3. This letter should indicate the JG's qualifications and training.

Del Mar, Turtle requested to participate this summer. The committee approved. (The request was late but, meets guidelines.)

TIDEBOOKS

Thanks to Mike, Carlsbad State, the tide books were distributed to Northern and Southern JG Programs.

USLA JG MEMBERSHIP

The JG Membership continues to go well! Try to include this \$10 fee in your program registration. Send the JG membership with name & address and fee directly to the National Membership office: (NOT CSLSA)

Junior USLA Membership
P.O.Box 322
Avon by the Sea, NJ 07717

Print the USLA logo on all of your 2004 JG program information. This is our "Good Housekeeping" seal of approval.

Your JG's are required to be members of the USLA to participate in competition events or special events in 2004. Without proof of registration, they will NOT be permitted to participate.

WEB INFORMATION UPDATE

CHANGES:

Huntington City Beach	(714)536-2581 (change phone #)
Imperial Beach	(619) 628-1420 (change phone #)
Long Beach	225 Marina Dr. (change address)
LA City	(Hansen Dam) (addition fro 91342 Zip)

ADDITIONS:

Camp Pendleton P.O. Box 555020, Camp Pendleton, CA 92055
(760)725-2078
Del Mar P.O. Box 494, Cardiff, CA 92007
(858)755-1793
Port San Louis Obispo P.O. Box, Avila Beach, CA 93424 (no #)

ROUND TABLE

- The Santa Barbara Competition and Fiesta is August 7, 2004.
- Santa Barbara would like to host the 2006 & 2007 Regional events.
- Please... no more San "0" JG Bus trips Thanks.

REENIE BOYER
Newport Beach, CA
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Poster Flyer follows (next page)

**CALIFORNIA SURF LIFESAVING ASSOCIATION
JUNIOR LIFEGUARD
2004 POSTER CONTEST**

THIS YEAR WE ARE HAVING A BEACH SAFETY POSTER CONTEST FOR THE CALIFORNIA USLA JUNIOR LIFEGUARD MEMBERS.

THERE WILL BE A \$500 SAVINGS BOND AWARDED AT THE 2004 FALL CSLSA MEETING TO THE TOP "A", "B" AND "C" DIVISION CONTEST WINNERS.

JUNIOR LIFEGUARD COORDINATORS NEED TO SUBMIT (IN PERSON OR BY MAIL) THEIR ORIGINAL TOP 5 POSTERS (ANY DIVISION) TO THE JG CHAIRPERSON AT THE FALL CSLSA MEETING.

THE BACK OF THE POSTER MUST INCLUDE:

- JGS FIRST AND LAST NAME
- DIVISION "A", "B" OR "C"
- HOME PHONE NUMBER
- HOME ADDRESS
- JG PROGRAM
- JG COORDINATOR'S NAME
- JG COORDINATOR'S PHONE NUMBER

THE POSTER SHOULD BE ONE-DIMENSIONAL AND THE SIZE MUST BE AT LEAST 8.5" BY 11" AND NO LARGER THAN 11" BY 17".

USE ANY MEDIUM TO CREATE YOUR POSTER (EXAMPLES: PAINT, PEN, MARKERS, CHALK, CRAYONS OR YOUR IDEA).

JUNIOR LIFEGUARDS ARE ENCOURAGED TO USE THESE BEACH SAFETY TIPS AS POSTER CONTEST ENTRIES:

- LEARN TO SWIM. IT'S FUN!
- CHECK WITH A LIFEGUARD BEFORE ENTERING THE WATER.
- SWIM NEAR A LIFEGUARD.
- NEVER SWIM ALONE.
- JOIN A JUNIOR LIFEGUARD PROGRAM.
- NEVER DIVE HEAD FIRST INTO UNKNOWN WATER OR INTO SHALLOW BREAKING WAVES.
- PROTECT YOURSELF FROM THE SUN, USE SUNSCREEN AND REAPPLY OFTEN.