



**CALIFORNIA SURF LIFESAVING ASSOCIATION  
Junior Lifeguard Committee  
2006 SPRING ACTIVITY REPORT**

**REGIONAL COMPETITION**

2006 will be hosted by Santa Barbara July 21<sup>st</sup>. The mandatory Coordinators meeting will be the evening of July 20<sup>st</sup> at the Competition site. There was clarification that the B-10' and under and C-9' and under paddle boards need to be all soft.

**CAL STATE GAMES**

2006 will be hosted by San Diego at Mission Beach on July 14<sup>th</sup>.

**SANTA BARBARA FIESTA**

2006 will be hosted in Santa Barbara on July 28<sup>th</sup>.

**NATIONAL COMPETITION**

2006 will be in Huntington Beach on August 10<sup>th</sup>.

**2006 POSTER CONTEST**

The Contest Rules are attached.

**TIDEBOOKS**

Tide Books were distributed at the Committee Meeting.

**USLA JG MEMBERSHIP**

Mail your \$10 registration fee and participants name and address to:

JG USLA Membership  
P.O. Box 322  
Avon By the Sea, NJ 07717

**STICKERS**

The new JG stickers were distributed at our Committee Meeting.

**2006**  
**CALIFORNIA SURF LIFESAVING ASSOCIATION**  
**JUNIOR LIFEGUARD**  
**POSTER CONTEST**

THIS YEAR WE ARE HAVING A BEACH SAFETY POSTER CONTEST FOR USLA JUNIOR LIFEGUARD MEMBERS.

THERE WILL BE A \$100 USLA and \$500 CSLSA PRIZE AWARDED TO THE TOP "AA", "A", "B" and "C" CONTEST WINNERS.

JUNIOR LIFEGUARD COORDINATORS or REGIONAL REPRESENTATIVES NEED TO SUBMIT (IN PERSON OR BY MAIL) THEIR ORIGINAL POSTERS TO THE JG CHAIRPERSON AT or BEFORE THE FALL USLA MEETING.

THE BACK OF THE POSTER MUST INCLUDE:

- JG' S FIRST AND LAST NAME
- DIVISION "AA", "A", "B" or "C"
- HOME PHONE NUMBER
- HOME ADDRESS
- JG PROGRAM
- JG COORDINATOR'S NAME
- JG COORDINATOR'S/PROGRAM'S PHONE NUMBER
- RELEASE FORM

THE POSTER SHOULD BE ONE-DIMENSIONAL AND THE SIZE MUST BE AT LEAST 8.5" BY 11" AND NO LARGER THAN 11" BY 17".

USE ANY MEDIUM TO CREATE YOUR POSTER (EXAMPLES: PAINT, PEN, MARKERS, CHALK, CRAYONS OR YOUR IDEA).

JUNIOR LIFEGUARDS ARE ENCOURAGED TO USE THESE BEACH SAFETY TIPS AS POSTER CONTEST ENTRIES:

1. Swim Near a Lifeguard
2. Learn to Swim
3. Never Swim Alone
4. Don't Float Where You Can't Swim
5. Obey Instructions of the Lifeguard
6. Don't Dive in Headfirst
7. Take Precautions for the Heat and Sun
8. Obey Warning Signs and Flags
9. Understand and Avoid Rip Currents and Dangerous Areas
10. Respect the water and the environment!

Reenie Boyer  
P.O. Box 1768, Newport Beach, CA 92658-8915  
(949)644-3170