



California Surf Lifesaving Association

N

Southwest Region - United States Lifesaving Association

PO Box 366 - Huntington Beach, California 92648

World Wide Web: www.cslsa.org

Junior Lifeguard Committee 2009 Spring Activity

REGIONAL COMPETITION

The 2009 Regional Competition will be hosted by Seal Beach on July 24th. The mandatory Junior Lifeguard Coordinators meeting will be hosted the evening of July 23rd. We all look forward to this summer's competition! The 2008 results are posted on our CSLSA web site.

CAL STATE GAMES

Information and date will be presented at our Committee Meeting.

SANTA BARBARA FIESTA

Information and date will be presented at our Committee Meeting.

NATIONAL COMPETITION

The 2009 National Competition will be hosted on August 6th in Ft. Lauderdale, Florida. Information will be available soon on the USLA web site.

ADDITIONAL JG EVENTS

Please let us know what other events the CSLSA JG's are invited to attend during the 2009 season.

2009 BUMPER STICKER CONTEST

The Bumper Stickers will be judged at our fall 2009 Junior Lifeguard Committee meeting. With a scholarship awarded to the top CSLSA finishers in each division. During Committee we will have a discussion on the scholarship award amount. We will then take the award winning CSLSA bumper stickers to the National Meeting for the USLA Photo contest.

2009 JUNIOR LIFEGUARD OF THE YEAR

Every JG Program has the opportunity to submit a bio with picture of their current Junior Lifeguard of the year for a \$100 scholarship award during the Fall CSLSA JG Committee Meeting.

BOB BURNSIDE ANNUAL JG AWARD

During our JG Committee Meeting we will discuss the award guidelines and 2009 presentation.

JG TIDEBOOKS

Thanks to Mike S. for ordering the 2009 Junior Lifeguard Tide Books. We will distribute during our Committee Meeting.

JG STICKERS

Thanks to Charlotte G. for ordering the 2009 Junior Lifeguard Stickers. We will distribute during our Committee Meeting.

USLA JG MEMBERSHIP

JG Coordinators need to mail the \$10 registration fee with JG participants name and address to: (PLEASE attempt to submit as early as possible for participation in Regional and Nationals Competitions.)

[USLA Membership](#)
[P.O. Box 322](#)
[Avon by the Sea, NJ 07717](#)

2010 & 2011 CSLSA REGIONAL COMPETITION

Request to host our Regional Competition for the following two-year cycle will be discussed during our Committee meeting. The City of Santa Cruz and the City of Huntington Beach previously expressed future interest to host the Regional event.

PROGRAM CONTACT INFORMATION

Please review and correct your Junior Lifeguard Program Contact information from our CSLSA web page.

USLA GUIDELINES PROJECT

This project will be discussed during our Committee meeting today.

JUNIOR JAM ARTICLES

Please submit to Jon Mitchell for publication in the American Lifeguard Magazine. This project will be discussed during our Committee meeting today.

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**CALIFORNIA SURF LIFESAVING ASSOCIATION
Junior Lifeguard Committee
2009 Spring Agenda**

WELCOME

REGIONAL COMPETITION

CAL STATE GAMES

SANTA BARBARA FIESTA

NATIONAL COMPETITION

ADDITIONAL JG EVENTS

2009 BUMPER STICKRER CONTEST

2009 JUNIOR LIFEGUARD OF THE YEAR

BOB BURNSIDE ANNUAL JG AWARD

TIDEBOOKS

STICKERS

USLA JG MEMBERSHIP

2010 & 2011 CSLSA REGIONAL COMPETITION

PROGRAM CONTACT INFORMATION

USLA GUIDELINES PROJECT

JUNIOR JAM ARTICLES

ROUND TABLE

2009
CSLSA
JUNIOR LIFEGUARD BUMPER STICKER CONTEST

THIS YEAR WE ARE HAVING A JUNIOR LIFEGUARD BUMPER STICKER CONTEST FOR USLA JUNIOR LIFEGUARD MEMBERS.

THERE WILL BE A \$____ SCHOLARSHIP AWARDED AT THE 2009 FALL USLA MEETING TO THE TOP "AA", "A", "B" AND "C" DIVISION CONTEST WINNERS.

JUNIOR LIFEGUARD COORDINATORS NEED TO SUBMIT (IN PERSON OR BY MAIL) THEIR ORIGINAL TOP 5 ENTRIES TO THE JG COMMITTEE CHAIRPERSON DURING OR PRIOR THE FALL CSLSA MEETING. ALL BUMPER STICKERS BECOME THE PROPERTY OF THE CSLSA.

THE BACK OF THE ENTRY MUST INCLUDE:

- JG'S FIRST AND LAST NAME
- DIVISION "AA", "A", "B" OR "C"
- HOME PHONE NUMBER
- HOME ADDRESS
- JG PROGRAM
- JG COORDINATOR'S NAME
- JG COORDINATORS PHONE NUMBER

BUMPER STICKER ENTRIES MUST BE ORIGINAL ART WORK DESIGNED AND CREATED BY THE JUNIOR LIFEGUARD. BUMPER STICKER SIZE MUST BE NO LARGER THAN 3^{3/4} BY 7^{1/2} INCHES.

JUNIOR LIFEGUARDS ARE ENCOURAGED TO THE USLA BEACH SAFETY TIPS:

1. [Swim Near A Lifeguard](#)
2. [Learn To Swim](#)
3. [Never Swim Alone](#)
4. [Don't Fight The Current](#)
5. [Swim Sober](#)
6. [Leash Your Board](#)
7. [Don't Float Where You Can't Swim](#)
8. [Life Jackets = Boating Safety](#)
9. [Don't Dive Headfirst, Protect Your Neck](#)
10. [At Home, You're The Lifeguard](#)