

California Surf Lifesaving Association

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Southwest Region - United States Lifesaving Association

PO Box 366 - Huntington Beach, California 92648

World Wide Web: www.cslsa.org



Junior Lifeguard Committee 2009 Spring Action

Robert C. McGowan
President

Charlotte M. Graham
Vice President

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Jon P. Mitchell
First Executive Delegate

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Second Executive Delegate

Maureen T. Boyer
Third Executive Delegate

Alex K. Peabody
Fourth Executive Delegate

REGIONAL COMPETITION

The 2009 Regional Competition will be hosted by Seal Beach on July 24th. The mandatory Junior Lifeguard Coordinators meeting will be hosted the evening of July 23rd. Regional Competition information packets were distributed during our Committee Meeting. The information packets are also available on the CSLSA web site. Suggested improvements for 2009: the Lead Official will be located at a central location, "all" soft board are OK for the B and C paddling events, every agency is required to provide at least one volunteer for the day of the event. We all look forward to this summer's competition!

CAL STATE GAMES

The California State games will be hosted by Coronado on July 16th. The information packets and posters were presented at our Committee Meeting. Additional information online @ www.calststgames.org

SANTA BARBARA FIESTA

The **FIESTA** Competition will be hosted by Santa Barbara on July 31st. Information was presented at our Committee Meeting.

NATIONAL COMPETITION

The 2009 National Competition will be hosted on August 6th in Ft. Lauderdale, Florida. Information will be available soon on the USLA web site.

LACO TAPLIN RELAY

All A and AA's are invited to participate in the Annul Taplin relay on August 1st at LACO.

2009 BUMPER STICKER CONTEST

The Bumper Stickers will be judged at our fall 2009 Junior Lifeguard Committee meeting. A \$200 scholarship will be awarded to the top CSLSA finishers in each division. We will then take the award winning CSLSA bumper stickers to the National Meeting for the USLA Photo contest. Contest rules are posted on the CSLSA web site.

2009 JUNIOR LIFEGUARD OF THE YEAR

Every JG Program has the opportunity to submit a bio with picture of their current Junior Lifeguard of the year for a scholarship award during the Fall CSLSA JG Committee Meeting. The maximum amount for the JG of the year scholarships is not to exceed \$3,000 total or \$300 per Junior Lifeguard.

BOB BURNSIDE ANNUAL JG AWARD

The award guidelines were discussed during our JG Committee Meeting. The Committee is thrilled to give this annual award to the 2009 JG of the Year. The Bob Burnside JG of the year will be voted on by the Committee from the agency submitted JG of year bios and pictures. The winning JG's agency will be presented the special BOUY award for a years display at their Headquarters. The JG of the year will be presented a special personal plaque award.

JG TIDEBOOKS

Thanks to Mike S. for ordering the 2009 Junior Lifeguard Tide Books. They were distributed during our Committee Meeting.

JG STICKERS

Thanks to Charlotte G. for ordering the 2009 Junior Lifeguard Stickers. There were distributed during our Committee Meeting. We will be ordering additional stickers for those programs who did not receive 2009 stickers.

USLA JG MEMBERSHIP

JG Coordinators need to mail the \$10 registration fee with JG participants name and address to: (PLEASE submit at least 3 weeks prior to the Regional and Nationals Competitions.)

[USLA Membership](#)
[P.O. Box 322](#)
[Avon by the Sea, NJ 07717](#)

2010 & 2011 CSLSA REGIONAL COMPETITION

The City of Huntington Beach has expressed an interest to host our Regional Competition for the two-year cycle.

PROGRAM CONTACT INFORMATION

The up-dated JG program information has been submitted to the web master for posting.

USLA GUIDELINES PROJECT

This project was discussed during our Committee meeting today. We have a special group of 3 for review: Newport, Huntington and Seal Beaches.

JUNIOR JAM ARTICLES

Please submit articles to Jon Mitchell for publication in the American Lifeguard Magazine.

2009
CSLSA
JUNIOR LIFEGUARD BUMPER STICKER CONTEST

THIS YEAR WE ARE HAVING A JUNIOR LIFEGUARD BUMPER STICKER CONTEST FOR USLA JUNIOR LIFEGUARD MEMBERS.

THERE WILL BE A \$ 200 SCHOLARSHIP AWARDED AT THE 2009 FALL USLA MEETING TO THE TOP "AA", "A", "B" AND "C" DIVISION CONTEST WINNERS.

JUNIOR LIFEGUARD COORDINATORS NEED TO SUBMIT (IN PERSON OR BY MAIL) THEIR ORIGINAL TOP 5 ENTRIES TO THE JG COMMITTEE CHAIRPERSON DURING OR PRIOR THE FALL CSLSA MEETING. ALL BUMPER STICKERS BECOME THE PROPERTY OF THE CSLSA.

THE BACK OF THE ENTRY MUST INCLUDE:

- JG'S FIRST AND LAST NAME
- DIVISION "AA", "A", "B" OR "C"
- HOME PHONE NUMBER
- HOME ADDRESS
- JG PROGRAM
- JG COORDINATOR'S NAME
- JG COORDINATORS PHONE NUMBER

BUMPER STICKER ENTRIES MUST BE ORIGINAL ART WORK DESIGNED AND CREATED BY THE JUNIOR LIFEGUARD. BUMPER STICKER SIZE MUST BE NO LARGER THAN 3^{3/4} BY 7^{1/2} INCHES.

JUNIOR LIFEGUARDS ARE ENCOURAGED TO THE USLA BEACH SAFETY TIPS:

1. [Swim Near A Lifeguard](#)
2. [Learn To Swim](#)
3. [Never Swim Alone](#)
4. [Don't Fight The Current](#)
5. [Swim Sober](#)
6. [Leash Your Board](#)
7. [Don't Float Where You Can't Swim](#)
8. [Life Jackets = Boating Safety](#)
9. [Don't Dive Headfirst, Protect Your Neck](#)
10. [At Home, You're The Lifeguard](#)

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